

SERVING IN THE NAVY IS CHALLENGING, EXCITING AND REWARDING - AND FOR WOMEN, IT'S INCREDIBLY EMPOWERING.

**FEMALES ARE ELIGIBLE
TO SERVE IN
EVERY JOB
EVERY RATE & RANK
EVERY VESSEL**



**CLICK TO SEE
UNIFORMS**



**ONE IN FIVE
SAILORS ARE
FEMALE.**



**THERE IS NO
GENDER PAY GAP.**

Females are paid the same
as their male counterparts,
dollar for dollar.

**CLICK TO SEE
APPROVED
HAIRSTYLES**



**ACTIVE DUTY MILITARY
MEMBERS AND THEIR
DEPENDENTS RECEIVE
FREE MEDICAL CARE**

- Annual well woman exams
- Contraceptives
- Up to 12 weeks of maternity leave
- Prenatal care
- Delivery
- Post-partum care

**CAN I WEAR
JEWELRY?**

While eccentric jewelry is not allowed, conservative rings, earrings, necklaces, bracelets, and wristwatches are authorized.

**DO I HAVE TO
CUT MY HAIR?**

It is not mandatory to cut your hair in basic training. You will learn about the various ways you will be able to style your hair including braids, larger buns, ponytails, and locks.

**WHAT ABOUT
MY NAILS?**

Nails can be round, almond, oval, or square, and can be up to a quarter-inch in length from the finger tip. Nail polish is authorized, but only using approved colors.

[Click here for the official policies regarding cosmetics, hair, jewelry, nails, and uniforms.](#)